

Get, Set, Vroom in daily practice



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Dr Samuel Hahnemann's 6th Edition of Organon of Medicine, § 153-

'In this search for a homoeopathic specific remedy, that is to say, in this comparison of the collective symptoms of the natural disease with the list of symptoms of known medicines, in order to find among these an artificial morbid agent corresponding by similarity to the disease to be cured, the more striking, singular, uncommon and peculiar (characteristic) signs and symptoms of the case of disease are chiefly and most solely to be kept in view'

In acute cases, our search should be for the Most Peculiar Characteristic in that particular episode. For that we need to focus on the following judiciously:

- Proper diagnosis
- Acute observation
- Careful questioning with
- Detailed examination &
- Proper analysis with
- Repertory or Materia Medica or Keynotes, etc

The key to the prescription is the observation made during the time of the acute process, eg, is the patient dull, active, lying down, oriented, attentive, answering or just nodding etc.

While taking the case we should enquire about the following:

- Ailments from
- What are the changes felt or observed since the time he is not well

Case Section

He had such episodes in the past 9 months but the palpitation was erratic in nature (as regards the modalities) with changing sensations in the chest. He had taken *Digitalis* off and on (prescribed by another homoeopath), with partial relief. Later he was diagnosed to have high systolic BP levels on 2 occasions and was started with Tablet Olmesartan 40mg + Atenolol 50mg. But the Systolic BP remained at 160- 180 mm Hg and the symptoms continued. He was a social person with a friendly and helping nature. Presently worried about a heart attack.

ON EXAMINATION

- Lean built, Afebrile,
- Pulse: 110/min good volume, non-collapsing. No carotid or aortic bruit.
- BP: 190/112mm Hg. No Pallor/ Icterus. JVP Not raised.
- No oedema. Skin / Spine / Joints Normal. ENT Normal.
- Heart Sounds pure. No gallop or murmurs.
- Respiration normal.
- Per Abdomen- soft. No organomegaly.
- CNS – NAD

INVESTIGATIONS

- ECG - LVH with Strain pattern.
- Urine – albumin +

SYMPTOMS FOR PRESENTING TOTALITY

1. Chest, Palpitations
2. Chest, Angina
3. Chest Anxiety in
4. Mind, fear disease of impending
5. Albuminuria

The following drugs were thought of - *Spigelia*, *Aconite-nap*, *Aconite-ferox*, *Digitalis* and *Sparteins*

MANAGEMENT

- 1:30 pm: hospitalized. Rx- *Digitalis* 0/1, 1 hourly
- 3 pm: palpitations less but anxiety in chest same. BP - 182/110 Rx – *Digitalis* 0/2 1 hourly
- 4 pm: No significant change. Rx: *Sparteins* 0/1 every 1 hour
- 6.10 pm: BP 160/90 mm. Had slept for 30 mins.

- Had Coconut water. Continued *Sparteins* 0/1
- 7:30 pm – Patient much better. BP 150/90. *Spart* 0/1 TDS
- 9.30 pm – Had dinner. Passed Urine & stool. 13/1
- 8am – slept well.
- 7 pm – Much better. No complaints. Had a late lunch. BP 160/96.
- Sudden craving for Smoking at 1.30am. Mild Palpitation & anxiety.
- BP 156/100.
- Blood Counts, Kidney & Thyroid profile Normal; Urine routine - Normal
- 2D ECHO– Diastolic Dysfunction present. No RWMA. EF 60%. Rx: *Sparteins* 0/2 BD 14/1: Patient was better. He was counselled about his addiction and discharged. BP 150/90. Phosphorus 200 stat. Asked to continue previous allopathic medicines.

DISCUSSION

1. Since the patient was taking *Digitalis* in potencies off and on for his complaints, we administered it first. But it did not work
2. The restlessness and anguish of *Aconite* was absent and neither there were any characteristics to prescribe *Spigelia*
3. *Sparteins* is a short acting rare remedy that helps to manage accelerated hypertension. Clinically, it works better in patients who have taken *Digitalis* previously and those who are addicted to Tobacco. We have additionally found in other patients that it acts well when *Spigelia* and *Aconite* fail to show results.
4. *Phosphorus* was the constitutional remedy based on his friendly, social and fearful-anxious nature plus craving cold and salty.

(EDITORA: It is a good demonstration of frequent 1 hrly. repetition to get a BP normalized within 2 days but with continuous monitoring in a hospital set-up. I have never give this type of repetition. Thank Aadil)



follows, her weight doesn't increase even when eating well. Is always hungry when has fever. Thirst increased during fever. Always wants cold, always wants the AC, can never bear heat at all. On repertorization, we saw the following coming up:

Total	Ars-i.	Lach.	Lyc.	Cist.	Bism.	Dys-co.	Med.	Bad.	Rumx.	Carb-ac.
Rubrics	4	4	2	2	2	2	2	1	1	1
Kingdoms	5	1	1	2	2	2	2	1	1	1
chest; SWELLING; mammae; left (5)										
chest; SWELLING; left (10)										
generalities; BENDING; agg., backward; head (72)										

Materia Medica

Ars-i. Sarker, Just U. General

ARSENICOSUM IODUM

Keynotes:
 This remedy is indicated in extremely hot patients who cannot tolerate warmth. The patient keeps eating food, yet feels very hungry. This patient loves eating so much that even in coryzas and fevers they will keep eating food.

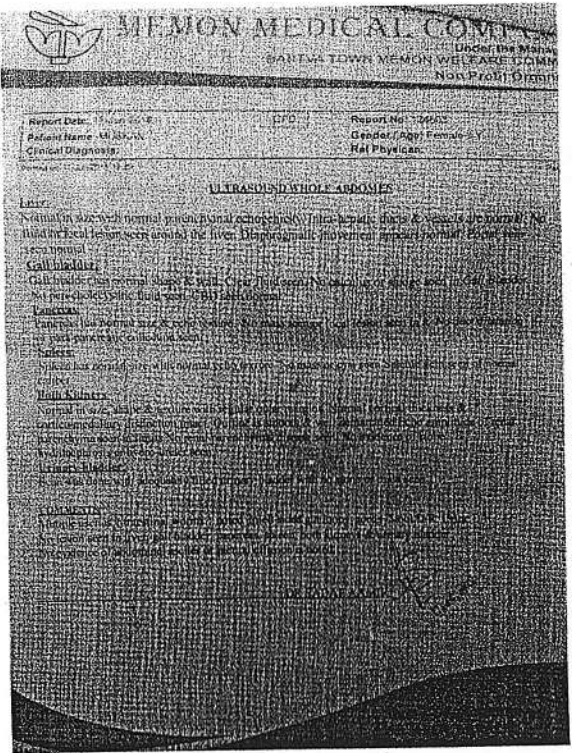
Other indications include:

- Craving meat
- Thin
- Hair all over the body
- Tubercular
- Family history of TB
- Pathology involving the skin - psoriasis - hard skin
- High blood pressure
- Tumors and cancers
- Hodgkin's lymphoma
- History of infection
- Involuntary dribbling of urine

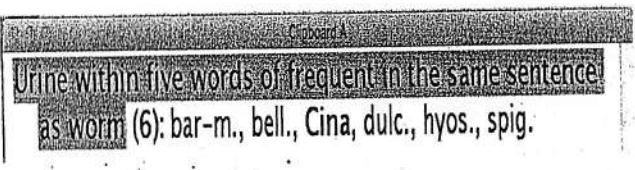
Aurum ars has more action on the blood vessels in high blood pressure than this.

Ars-iod helped tremendously in a few hours after the first dose of 200.

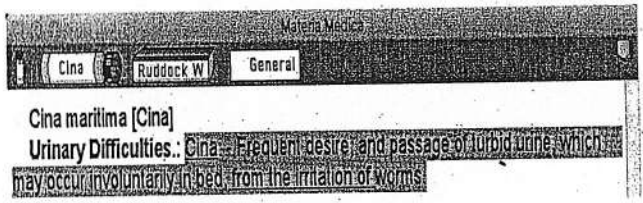
Case 3 A 3 years old kid (F) had complaints of frequent urination. Had to pass urine every 5 mins the mother said. The frequency increased at night. On enquiring, milestones were normal. Her appetite has always been poor. Nausea & vomiting from milk. Thirst is often for small quantity of water. Worms were found in Sonography. Past history of recurrent cold & cough often since childhood.



From the data we could gather, we thought of using the Homoeopathic Google here – Reference Works. We make the following search in the software:



& we came up with *Cina* as the most indicated remedy:



So we prescribed her *Cina 200 BD* for 2 days & here's the follow up in 2 days:
 Urine frequency decreased to 35-40 mins. But still < night. Even on repeating *Cina* for 2 days more,

Case Section

no >, so we thought *Cina* seems to have stopped working & now is the time to re-analyse the case. So we began checking the relationships of *Cina*, reading the last lines of Allen's keynotes usually gives a hint & voilà, here's what we see:

Materia Medica
Cina | Allen Key | General

come near it; averse to caresses; desires, many things, but rejects everything offered (compare, Ant. t., Bry., Cham., Staph.).
Constantly digging and boring at the nose; picks the nose all the time; itching of nose; rubs nose on pillow, or on shoulder of nurse (Mar. v.).
Children, suffering from worms; pitiful weeping when awake, starts and screams during sleep grinding of teeth (Cic., Spig.); ascarides (Mar. v.).
Face is pale; sickly white and bluish appearance around mouth; sickly, with dark rings under the eyes; one cheek red, the other pale (Cham.).
Canine hunger: hungry soon after a full meal; craving of sweets and different things; refuses mother's milk.
Urine: turbid when passed, turns milky and semi - solid after standing; white and turbid; involuntary.
Cough: dry with sneezing; spasmodic, gagging in the morning; periodic, returning spring and fall.
Child is afraid to speak or move for fear of bringing on a paroxysm of coughing (Bry.).
Relations. Compare: Ant. c., Ant. t., Bry., Cham., Kreos., Sil., Staph., in irritability of children.
In pertussis, after Drosera has relieved the severe symptoms.
Has cured aphonia from exposure when Acon., Phos. and Spong. had failed.
Is frequently to be thought of, in children, as an epidemic remedy, when adults require other drugs.
Santonin sometimes cures in worm affections when Cina seems indicated, but fails (Mar. v., Spig.).

Then we confirm from Boericke's Materia Medica & Ruddocks's Materia Medica, as *Santonin* is a remedy we had never used. *200 BD for 2 days*

Materia Medica
Cina | Boericke | Relationships

Compare: SANTONIN - often preferable in worm affections, same symptoms as Cina, corresponding to the "pain in shocks" produced by Cina. Visual illusions, YELLOW sight; violent light not recognized, colors not distinguishable. Urine deep saffron color. Spasms and twitches, chronic gastric and intestinal troubles sometimes removed by a single dose (physiological) of Santonin. (Dahlke.) HELMINTHOCHORTOS - Worm-moss (acts very powerfully on intestinal worms, especially the lumbricoid.) TEUCRIUM; IGNAT.; CHAM.; SPIG.
Antidote; CAMPH.; CAPS.

KEYNOTES: Erections, Arnica, A cute mastitis, Avs-iod.

REFERENCES

1. MacRepertory & ReferenceWorks, Synergy Homoeopathic Software, (formerly KHA), Profession version, 1986-2019

Materia Medica
Cina | Ruddock VM | General

from the seed.

LEADING USES: Intestinal worms, and worm - symptoms.

NERVOUS SYSTEM. Grinding of the teeth; starting, restless sleep; twitching of the eyelids; twitchings in various parts of the body; Convulsions; Epileptic Spasms.

EYES, NOSE, ETC. Dilated pupils, with dimness of sight, some amaurotic conditions, with illusions of colour; picking and itching of the nose.

CIRCULATORY SYSTEM. Pale face; semi - circles under the eyes; frequent feverishness.

RESPIRATORY SYSTEM. Whooping - cough associated with worms; spasmodic cough, sometimes inducing vomiting.

DIGESTIVE SYSTEM. Voracious or variable appetite; pinching pains in the abdomen; itching of the anus; Diarrhoea; Emaciation; large abdomen; pain below the stomach, worse on first waking in the morning and before meals, and relieved by eating.

URINARY SYSTEM. Wetting the bed; white thick urine. Since worms in the intestinal canal usually give rise to one or more of the foregoing symptoms, it is clear that Cina is homoeopathic to helminthiasis with similar symptoms, hence it is found curative in nearly all affections arising from - or coincident with - the existence of worms. It does not simply expel them, but corrects the condition on which the development of the parasites depends. Whenever the above symptoms occur whether worms are detected or not, Cina is indicated. Nevertheless, although the alkaloid of Cina, *Santonin*, is of definite value as a direct parasitic, Cina in the potencies is often disappointing and more help will frequently be obtained from *Spigelia* or *Teucrium*.

FOLLOW UP IN 2 DAYS:

The kid was doing very well after *Santonin*. On repeat Sonography, no worms were found. Stool report also normal. Appetite also improved comparatively. Urine frequency at 3-4 hours interval much to the relief of the parents & kid herself.

